

# This Week's Goals ...

✓ To begin with the end in mind means to start with a clear understanding of your destination. It means to know where you're going so that you better understand where you are now and so that the steps you take are always in the right direction. ✓ - Steven R. Covey

To make the most of your consultations over the following twelve months, we need to target our destination. Here's your chance to tell me as your **ActionCOACH** Business Coach, where that should be!

**REMEMBER TO USE THE SMART TEST WHEN DETERMINING YOUR GOALS ...**

S = Specific   M = Measurable   A = Achievable   R = Results Oriented   T = Time Framed		
Goal	What do I have to do to achieve the goal?	Who do I have to be to get there?
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		

SIGNED: \_\_\_\_\_

PRINT NAME: \_\_\_\_\_

BUSINESS: \_\_\_\_\_

DATE: \_\_\_\_\_